There was something undefined
And yet complete in itself.

Born before heaven and earth.
Silent and boundless
Standing along without change.
Yet pervading without fail

Perhaps it is the mother of all things.
I do not know its name,
But Call it Tao.

Perhaps it is the mother of all things.
I do not know its name,
But Call it Tao.

TAO-THE WAY (ताओ-एक  रास्ता)

1. Tao that can be spoken of
   is not the eternal Tao
   The name that can be named
   is not a Constant Name

   If it has a name,
   it's just another thing
   The named is
   the Mother of all things

   To see the True Essence
   become desire less
   To see the manifestations
   have desires

   These two together emerge
They have different name
yet they are called the same
Figure them out,
and you've got it made

2. If something looks beautiful to you,
something else must be ugly
If something seems good,
something else must seem bad
You can't have something
without nothing
If no job is difficult,
then no job is easy
Some things are up high
because other things are down low
You know you're listening to music
because it doesn't sound like noise
All that came first,
so there must be next

The Masters get the job done
without moving a muscle
and get their point across
without saying a word
When things around them fall apart,
they stay cool
They don't own much,
but they use whatever's at hand
They do the work
without expecting any favors
When they're done,
they move on to the next job
Because they do not claim for the credit,
hence shall not lose it

3. If you toss compliments around freely,
people will waste your time
trying to impress you

If you give things too much value,
you're going to get ripped off
If you try to please people,
you'll just make them pissed

Do not honor the worthy.
This will keep the people from contention
Do not prize rare things.
This will keep the people from becoming thieves
Do not display the desirable.
The hearts of the people will not be confused

The Master leads by
clearing their minds
and opening their hearts.

He lowers their aspirations
and makes them suck in their guts.
He shows you how to forget
what you know and what you want,
so nobody can push you around.

Stop doing stuff all the time,
and watch what happens.

4. How much Tao is there?
More than you'll ever need.
Use all you want there's plenty more

You can't see Tao,
but it's there;
it's just always been around

Where that came from,
it seems to be the ancestor of all the things

5. Tao's neutral:
it doesn’t worry about good or evil
The Masters are neutral:
they treat everyone the same

The space between
heaven and Earth is like a bellows
The shape changes
but not the form;
the more it moves,
the more it yields

More words counts less,
better therefore hold to the core

6. Tao is an eternal mystery,
and everything starts with Tao.
Everybody has Tao in them.
They just have to use it.

7. Tao never stops. Why?
Because it isn’t trying
to accomplish anything.

The Masters hang back.
That's why they're ahead of the game.
They don’t hang on to things.
That's how they manage to keep them.

They don’t worry about
what they can’t control.
That's why they're always satisfied.

They put their selves away
yet they remain
It is not because they are selfless
but, that they are self-realized

8. "Doing the right thing" is like water.
It’s good for all living things,
and flows without thinking about
where it's going
...just like Tao.

Keep your feet on the ground.
Remember what's important.
Be there
when people need you.
Say what you mean.
Be prepared for anything.

Do whatever you can,
whenever it needs doing.
If you don't compete
yourself to others,
obody can compete to you.

9. As for holding to fullness,
better to stop in time.
If you drink too much,
you get drunk.

If you hoard wealth,
you fall into its clutches.
If you crave success,
you succumb to failure.

Do what you have to do,
then walk away.
This is the way of Tao

10. Can you hold on
to your ego
and still stay focused on Tao?

In gathering your vital energy
to attain suppleness,
Have you reached the
state of a new born baby

Can you check yourself
and see past what's in front of your eyes?
Can you be a leader and not try to prove you're in charge?

Can you deal with what's happening and let it happen?
Can you forget what you know and understand what's real?

Can you feed you people without owning them for your own?

Have things without holding on to them,
Do the job without expectation of reward.
Lead people without giving orders.

That's the way you do it.

11. A wheel has spokes, but it rotates around a hollow center.
A pot is made out of clay or glass, but you keep things in the space inside.

A house is made of wood or brick, but you live in empty space between the walls.
We work with something, but we use nothing.

12. Sight obscures.
Noise deafens.

Desire messes with your heart.
The world messes with your mind.
A Master watches the world but keeps focused on what's real.
13. Winning can be just as bad as losing.
   Confidence can mess you up just as much as fear.

What does "winning can be just as bad as losing" mean?
If you're down, you might be able to get up.
But if you're up, you can get knocked down real fast.

Don't worry about the score, just do what you have to do.

What does "confidence can mess you up just as much as fear" mean?
Fear can keep you from getting the job done, but confidence can get you in over your head.

Walk tall, but don't get cocky.
Know your limits, and nothing can ever hold you back.

Deal with what you can.
The rest will follow.

14. You can't see Tao, no matter how hard you look.
You can't hear Tao, no matter how hard you listen.
You can't hold on to Tao, no matter how hard you grab.

Stand before it and there is no beginning.
Follow it and there is no end.

But it's there.
It's in you,
and it's all around you.

Move with the present.
The ability to know the primeval beginning
This is called the thread running through the way

15. The ancient Masters
were damn impressive.
They were deep.
Real deep.

Words can't even begin to describe
how deep they were.
You can only talk about how they acted.

They were careful,
like a man walking on thin ice.
They were cautious,
like a soldier behind enemy lines.
They were polite,
like a guest at a party.
They moved quickly,
like melting ice.
They were as plain
as a block of wood.
Their minds were as wide as a valley,
and their hearts as clear as spring water.

Can you wait for that kind of openness and clarity
before you try to understand the world?
Can you hold still until events have unfolded
before you do the right thing?

When you act without expectations,
you can accomplish great things.

Stay calm.
Watch as everything
happens around you.
Everything reverts to its original state, which was nothing.

To return to the root is to find peace, to find peace is to fulfill one's destiny. To fulfill one's destiny is to be constant, to know the constant is called insight. And when something becomes nothing, it gets right with Tao.

If you don't understand that, you're going to screw up somewhere down the line. If you figure it out, you'll always know what to do. If you get right with Tao, you won't be afraid to die, because you know you will.

17. When a Master takes charge, hardly anybody notices. The next best leader is obeyed out of love. After that, there's the leader obeyed out of fear. The worst leader is one who is hated.

Trust and respect people. That's how you earn their trust and respect.

The Masters don't give orders; they work with everybody else.

When the job's done, the people all remark "we have done it ourselves"

18. When people lose touch with Tao, they start talking about "righteousness" and "sanctity."
When people forget what's true,
they start talking about "self-evident truths."

When people have no respect for one another,
they start talking about
"political correctness" and "family values."

When the nation is unstable,
people start talking about "patriotism."

19. Give up sainthood, renounce wisdom,
People will understand the truth and be happier
Give up cleverness, renounce morality,
and men will rediscover filial piety and love.
Give up ingenuity, renounce profit,
and bandits and thieves will disappear.

If that's not possible, go to Plan B:
Be simple. Be real.
Do your work as best you can.
Don't think about what you get for it.
Stay focused.
Get rid of all your crap

20. Don't spend too much time
thinking about stupid shit.
Why should you care if people
agree or disagree with you?
Why should you care if others
find you attractive or not?
Why should you care about things
that worry others?
Stop thinking about all that.

Let other people get worked up
and try to enjoy themselves.
I'm not going to give myself away.

In spring some go to the park,
and climb the terrace,
But I alone am drifting,
not knowing where I am.

Like a newborn baby
before it learns to smile
A baby doesn't know
how to smile,
but it's still happy.

Let other people get excited about stuff.

I'm not going to hang on to anything.
I'm not going to fill my mind with ideas.
I'm not going to get stuck in a rut,
tied down to any one place.

Other people are clever;
I guess I must be stupid.
Other people have goals;
I guess I must be aimless.

Like the wind.
Or the waves.
I'm not like other people.
I'm getting right with Tao.

21. A Master stays focused on Tao.
Nothing else, just Tao.

The Tao is formless and shapeless.
Oh, it is formless and shapeless,
and yet within is image.
Oh, it is shapeless and formless,
and yet within is form.
Oh, it is dim and dark,
and yet within is essence.
This essence is very real,
and therein lies faith.
How are you supposed to focus on
something like that?
From the very beginning until now
its name has never been forgotten.
That's the way it's been,
ever since the world began
Thus I perceive the creation.

How do I know the ways of creation?
Because of this (Tao)

22. Learn how to yield (be twisted)
is to preserve the whole.

Get on your knees
if you want to stand tall.
If you want wisdom,
empty your mind.
If you want the world,
renounce your riches.

Push yourself until you're exhausted,
and then you'll find your strength.
You can go far if you don't have
anything to carry.
The more you acquire,
the less you can really see.

A Master takes this to heart
and sets an example for everybody else.
He doesn't show off
so people take notice.
He does not define himself,
therefore he is distinct
He does not boast off what he will do,
therefore he succeeds
He is not proud of his work,
and therefore it lasts

He's not out to get anybody
so nobody can get in her way.
The ancient saying,
“To yield is to preserve the whole”
how could it be empty words?

Truly, it will return whole in the end.
Get in touch with Tao,
and you’ll see what I mean.

23. Nature says few words,
For this reason
The wind cannot blow
for the whole morning.
A rainstorm cannot last
for the whole day.

If nature knows enough to
give it a rest sometimes,
so should you.

Why causes them? Heaven and Earth!
If heaven and Earth cannot make things eternal,

How is it possible for man?
He who follows the Tao
Is at one with the Tao.

He who is virtuous Experiences Virtue.
He who loses the way Is lost.

When you are at one with the Tao,
The Tao welcomes you.
When you are at one with Virtue,
The Virtue is always there.

Trust your instincts,
and others will trust you.

24. Keep your feet firmly planted
unless you want to fall on your face.
Learn how to pace yourself
if you want to get anywhere.
Don't call attention to yourself if you want people to notice your work.

Nobody respects people who always have excuses.
Nobody gives credit to people who always take it.

People who hype themselves have nothing else to offer.

For the Tao, these are called “excess store and superfluous acts.” They do not bring happiness therefore, the man with the Tao does not abide in them.

25. There was something undefined and yet complete in itself.

Born before heaven and earth.
Silent and boundless
Standing along without change.
Yet pervading without fail

Perhaps it is the mother of all things.
I do not know its name, but Call it Tao.

So great that it endures.
Something that endures goes a long way.
And something that goes a long way always comes back to the beginning.

Tao's great.
Heaven's great. Earth's great.
And someone in touch with Tao is great, too.
Those are the four greatest things in the universe.

Someone who's in touch with Tao is in touch with the earth.
The earth is in touch with heaven.
Heaven's in touch with Tao.
Tao's in touch with the way things are.

26. The heavy is the root of the light.
The still is the master of unrest.
Therefore the master, traveling all day,
Does not lose sight of what he owns.

Though there are beautiful things to be seen,
He remains unattached and calm.

How can a ruler govern a nation without recklessness
if he indulges in power and desire?
If he is lighthearted, ministers will be destroyed
and if he is agitated, the ruler will lose sight of what he owns.

27. With enough practice,
you could come and go without a trace,
speak without stumbling over words,
do complicated math problems in your head.
You could build a door with no lock
that nobody couldn't open.
You could tie something down with no knots,
without even a rope, and nobody could pry it loose.

Masters have time to help everybody,
and ignore nobody.
They use their resources wisely,
wasting nothing.
Some people call this "following the light."

Good people teach others
because they have the potential to be good too.
Brains count for nothing
if you fail to respect your teachers
or to honor the potential in others.

That's one of the most important lessons of Tao.
28. If you are strong, but remain sensitive, power will flow through you. With that power, you'll always be right with Tao: It's like a whole new life.

If you are idealistic, but stay rooted in reality, you are an example to others. Set that example, and you'll always be right with Tao: There is no limit to what you can do.

If you knows white but preserves black then becomes a standard for the world. Set that standard, and you'll always be right with Tao: And you returns again to being limitless.

If you are honorable, but remain humble, you will see things as they are. If you see things as they are, you'll always be right with Tao: Your life will become simple, yet full of potential.

Be pure and simple, Let Tao show you how to get right with Tao

29. Want to take over the world? Think again.

The world's a holy place. You can't just do what you want with it.

Those who try to change it destroy it. Those who try to possess it lose it.

Sometimes, you push forward, or maybe you stay behind. Sometimes you push yourself, other times you rest.

Sometimes you're strong, sometimes you're weak. Sometimes you're up,
and sometimes you're down.

A Master lives simply, avoiding extravagance and excess.

30. Listen up:
If you want to be a leader who's in touch with Tao, never use violence to achieve your goals. Every act of violence backfires.

An army on the move leaves a trail of tears, and a military victory always lies in ruins.

The Masters do what needs doing and that's all they do.

Do what you have to do without arrogance or pride. Get the job done and don't brag about it afterwards. Do what you have to do, not for your own benefit, but because it needs to be done.

And don't do it the way you think it should be done, do it the way it needs to be done.

The mighty will always lose their power and any connection they ever had to Tao.

They will not last long; if you're not right with Tao, you might as well be dead.

31. Weapons are terrible things.
If you want to get right with Tao, reject weapons.

The Master, knowing all things came from Tao, recognizes what he has in common with the Tao.
with his enemies and always tries to avoid conflict.

But when there is no other choice, he uses force reluctantly. He does so with great restraint, and never celebrates a victory; to do so would be to rejoice in killing.

A person who would rejoice in killing has completely lost touch with Tao. When you win a war, you preside over a funeral. Pay your respects to the dead.

32. Tao is an eternal mystery, so small you can never take hold of it. If a leader gets right with Tao, people will follow him on instinct. All will be right with the world. People will do the right thing without being told.

Once the whole is divided, the parts need names. There are already enough names. One must know when to stop. Knowing when to stop averts trouble.

Everything in the universe is full of Tao and leads to Tao, just like the water in rivers that flows into oceans.

33. Knowing things makes you smart, but knowing yourself makes you wise.

To rule others, you must be powerful, but to rule yourself, you must be strong.

If you have only what you need, you have true wealth.

If you never give up,
you will find a way.
If you stay true to yourself, you will never be lost.
If you stay alive your whole life, you've really lived.

34. Tao flows in all directions.
It's in everything, but nothing can contain it.

Everything needs Tao, so Tao provides, and never expects anything in return.

Everything comes from Tao, but Tao doesn't call attention to itself. It wants for nothing. Think nothing of it.

Everything leads to Tao, but Tao doesn't lord it over them. Thus it may be called "The Great". It is just because it does not wish to be great, That's its greatness is fully realized

35. When you get right with Tao, everybody wants to be your friend. When they're around you, they can relax and enjoy themselves.

People can be easily distracted by music or good food.

When we try to talk about Tao, it seems boring by comparison. It doesn't look like much. It doesn't sound like much.

But no matter how much you use, there's still plenty left.

36. To make something shrink,
you must first stretch it.
In order to contract,
It is necessary to first expand
To make something weaker,
you must first strengthen it.
To get rid of something,
you need to promote.
To take something,
you must give it up entirely.

This is called subtle vision.
The weak and supple
overcomes the strong and hard.

Fish must not emerge from the deeps
The vital tools of a state must not be revealed.

37. Tao never does anything
but nothing is left undone.

If our leaders could get in touch with Tao,
The world would take care of itself.

If they still desired to act,
They would return to the simplicity of original state
With the simplicity of true nature,
there will be no desire.
Without desire,
there will be peace.

And the world will naturally be in accord
with the right Way

PART 2  TE-THE VIRTUE(ते-वह सामर्थ्य)

38. A truly good man
is not aware of his goodness,
And is therefore good.

A foolish man tries to be good,
And is therefore not good.

A truly good man does nothing,
Yet leaves nothing undone.
A foolish man is always doing,
Yet much remains to be done.

When kind people act,
they do so without thinking about it.
When the just act,
they're always sure they're doing the right thing.

But when selfish act, and nobody reacts,
they try to force everyone to do things their way.

If you're not in touch with Tao,
at least you can still have goodness.
If you don't have goodness,
there's always kindness.
If you don't have kindness,
there's always justice.
If you don't have justice,
all you have left is confusion.

Confusion is an pale imitation
of true faith and loyalty,
and always leads to trouble.
Therefore the master dwells on
what is real and not what is on the surface,
On the fruit and not the flower.

Truly, he prefers what is within,
to what is without.

39. Since time began,
this is what it's meant to be in touch with Tao:

Tao made the heavens clear.
Tao made the earth solid.
Tao made our spirits strong.
Tao made the valleys fertile.
Tao gave all living things life.
Tao gave rulers authority.

Without Tao,
the heavens would collapse.
Without Tao,
the earth would crumble.
Without Tao,
our spirits would fade away.
Without Tao,
the valleys would dry up.
Without Tao,
all life would become extinct.
Without Tao,
rulers would stumble and fall.

Humility gives us power.
Our leaders should think of themselves
as insignificant, powerless, unworthy of their stature.
Isn't that what humility is all about?

Be strong,
but pay no attention to hollow praise.
Don't call attention to yourself.
Don't make a scene.

40. Tao is always heading back
to where it came from.
Tao advances
by not pressing forward.

Things exist because they are.
They are because they once were not.

41. When a wise person hears about Tao,
he gets right with it.
When an ordinary person hears about Tao,
he tries to get right with it, but eventually gives up.

When a fool hears about Tao, he just laughs and laughs. If he didn’t laugh, it wouldn’t be Tao.

Hence it is said:
The bright path seems dim;
Going forward seems like retreat;
The easy way seems hard;

Those with the most virtue seem debased.
Those who are most pure seem to be grubby and soiled.
The deepest thoughts appear shallow.
The greatest strength looks like weakness.

What is most real strikes us as imaginary.
The largest space has no boundaries.
The greatest talent seems to produce nothing.
The greatest voice is unhearable.
The greatest beauty is invisible.

Tao is hidden to us and it has no name.
It is the source and the strength of all things.

42. Tao gives birth to one.
One gives birth to two.
Two gives birth to three.
Three gives birth to all things and all beings.
All beings bear the negative physical form which is represented by Ying, and embrace the positive true nature which is represented by Yang. With the union of these two, they arrive at a state of harmony.

Hence, things are benefited by being humble, and damaged by profiting. What the ancients had taught, I shall also teach as such:

Men hate to be called powerless, insignificant, or unworthy, but that's how Masters describe themselves.

For one gains by losing And loses by gaining. What others teach, I also teach; that is: "A violent man will die a violent death!"

This will be the essence of my teaching.

43. The softest thing in the universe Overcomes the hardest thing in the universe. That without substance can enter where there is no room.

Hence I know the value of non-action. Teaching without words and work without doing Are understood by very few.

44. What's more important, fame or your well-being? What's worth more, your money or your life? What is more dangerous, winning or losing?

If you are too attached to your possessions, they will bring you misery.
If you hang on to your riches, you will suffer substantial loss.
If you know when you have enough, you will never be disgraced.
If you practice moderation, you can stay out of trouble.

And that's the secret to lasting success.

45. The greatest achievements may look like mistakes, but you will always be able to build upon them.
The fullest reserves may seem empty, but you will always be able to draw upon them.

The straightest line looks crooked.
The most skilled people come off as clumsy.
The most eloquent people are usually silent.

When it's cold, you can move around to stay warm.
When it's hot, you should keep still and stay cool.

But whatever the weather, if you stay calm, the world will sort itself out around you.

46. When the world is right with Tao, horses haul fertilizer to the fields.
When the world loses touch with Tao, horses are trained for cavalry.

Nothing is more insidious than possession.
Nothing is more dangerous than desire.
Nothing is more disastrous than greed.

If you know when enough is enough, you will always have enough.

47. You don't have to leave your room to understand what's happening in the world.
You don't have to look out the window
to appreciate the beauty of heaven.

The farther you wander
the less you know.

The Masters don't wander around
They know. They don't just look.
They understand.
They don't do anything,
but the work gets done.

48. Usually, we try to learn
something new every day.

But if we want to get right with Tao,
we have to let go of something every day.

We do less and less,
until we end up doing nothing.
And it's when we do nothing
that we get the job done.

Let events take their course,
and everything will turn out in your favor.
If you act on your ambitions,
they will never pan out.

49. The Masters don't make up their minds.
They turn listen to other people.

They are good to good people,
and they're good to bad people.
This is real goodness.
They have faith in the faithful,
and they have faith in the unfaithful.
This is real faith.

A Master throws himself into the world completely
by harmonizing with all beings to be at one..
People pay attention to him
because he lives a life of child-like wonder.

50. People who look for the
crystal secret of long life wind up dead.
Their bodies are the focus of their lives
and the source of their death,
because they think a healthy body
is all there is to life.

The sage used to say
A man who truly understood life
could walk through the jungle without fear
Or across a battlefield without armor,
totally unarmed.
Wild animals and weapons couldn't kill him.
I know, I know: what does that mean?
"Well, he couldn't be killed,
because his body wasn't where he kept his death."

51. All things arise from Tao.
They are nourished by Virtue.
They are formed from matter.
They are shaped by environment.

Everything respects Tao and honors its virtue.
That's just the way it is.
Tao gives life to all things,
and its power watches out for them,
cares for them, helps them grow,
protects them, and comforts them.

Create something
without holding on to it.
Do the work
without expecting credit for it.
Lead people
without giving them orders.

That's the secret of the power of Tao
52. Everything starts with Tao, the mother of all things. If you know the mother, you know the children.

If you know the children and remember the mother, you have nothing to fear in your life.

Shut your mouth and keep still, and your life will be full of happiness. If you talk all the time, always doing something, your life will be hopeless.

It takes insight to see subtlety. It takes strength to yield gently to force.

Use that strength to hang on to your insight, and you will always be at peace.

That's how to get right with Tao.

53. If I had any insight, I’d be trying to get right with Tao, and the only thing fear will be of straying from it.

It’s not that hard to get right with Tao, but people are easily distracted.

When the king's palace is full of treasure, ordinary people's fields are smothered with weeds, and the food supplies run out."

Today, you see finely dressed people carrying sharp swords And indulge themselves
with food and drink;

They have more possessions
than they can use.
They are robber barons.

This is certainly not the way of Tao.

54. What is firmly established
cannot be uprooted.
What is firmly grasped
cannot slip away.
It will be honored from
generation to generation.

Cultivate Virtue in yourself,
And Virtue will be real.
Cultivate it in the family,
And Virtue will abound.
Cultivate it in the village,
And Virtue will grow.
Cultivate it in the nation,
And Virtue will be abundant.
Cultivate it in the universe,
And Virtue will be everywhere.

Therefore judge the individual as individual;
Judge the family as your family;
Judge the village as your village;
Judge the nation as your nation;
Judge the universe as whole universe.
How can I know this? I just do.

55. A person filled with the power of Tao
is like a baby boy:
bees can't sting him,
wild beasts can't attack him.

A baby has soft bones and weak muscles,
but a firm grip.
He hasn’t know about male and female,
but he can get an erection.
That’s because
His essence is at its most pure.
He can cry all day and
never lose his voice.

That’s because
he’s at one with his world.

If you’re at one with the world,
you know insight.
And if you know insight,
you’ve been enlightened.

It is not wise to rush about.
To Control the breath causes strain.
To be overflowed follows decay

This is not the way of Tao.
They’ve lost touch with Tao,
and when you lose touch with Tao,
you will not last long.

56. Those who know, don’t talk.
Those who talk, don’t know.

Shut your mouth. Be still.
Relax Let go of your worries.
Stay out of the spotlight.
Be at one with the world and get right with Tao.

If you get right with Tao,
you won’t be worried
about praise or scorn,
about winning or losing,
about honor or disgrace.

That’s the way to be.

57. You can run a,
country by sticking to principles
and you can win a war.
with strategy and tactics

But you can gain the entire world
by doing nothing at all.
How do I know this?
I've seen it happen:
The more restrictions a nation imposes,
the poorer its people become.
When a nation hoards weapons,
troubles arise from within and from without.
When its leaders try to be cunning and clever,
the situation spins further out of control.
When they try to fix things by passing more laws,
they only increase the number of outlaws.

A wise leader says to himself:
"I do nothing, and people transform themselves.
I keep silent,
and they do the right thing on their own.
I stay out of the way,
and they prosper.
I want for nothing,
and they lead simple lives."

58. When a nation is ruled with a light touch,
people lead simple lives.
When a government is harsh and demanding,
people will spend their time trying to outsmart it.

Misery is what Happiness depend upon.
Happiness is what misery hides in.
Who knows what the future holds?
Happiness or misery.

Is there no proper norm that exists?
what's considered proper today
may become improper.
Correct appearances may hide dishonesty and sinfulness
Long indeed, man has been under such delusion.
Therefore the masters are sharp but not cutting, Pointed but not piercing, They are Straightforward but not strained, Brilliant but not blinding.

59. Leadership is based on moderation and simplicity. Practice moderation and simplicity, and you'll get in touch with the power of Tao.

If you get right with Tao, nothing is impossible. If nothing is impossible, there's no limit to what you can do. If there's no limit to what you can do, you can be a true leader, And you lasts long through this way.

Remember this advice if you want to be a leader: Mere this parameśa ko yād rakhā agra tūm ek mūkhīya hōnā chāhāte hō dāta rāhā jāise jānā gharī mītīrī mē hōtī hā utnā hē mājābhūt hōtī hā yah bhuṭ hē gahān hā tatha ek hamaṣhē rāhānī tāo kā būnīyād hā

Plant deep roots in firm soil.
This is regarded as a profound and firm foundation of the everlasting Tao.

60. When the empire is ruled in accordance with the Tao And you're in touch with Tao, you don't need to worry about evil. Not that the evil has no spiritual power, of course, but the spirits themselves do not harm to men.

Also, as a wise leader, can cause no harm to his people, If only the leader and his people
won't have to worry about getting hurt,
All the benefits would accumulate the kingdom.

61. A great nation rules by placing itself in a lowly position, like the rivers that flow into the low regions of ocean. Hence, people will naturally be faithful to their country. Mother nature always stays calm and quiet to overcome the unrest.

Thus, if a great nation can lower itself to deal with a smaller nation, Then it shall win the heart of the people. And the smaller nation will willingly merge with the great nation.

And if the smaller nation can lower itself to deal with the great nation, Then it shall win the trust and be accommodated as a part of the great nation.

Therefore those who would conquer must yield, And those who conquer do so because they yield.

The great nation only wishes to unite and shelter all the people, While the small nation only wishes to be a part of the nation to serve it. Now that both are granted with what they wish for, It is only natural for the “Great” to put itself in a lowly position.

62. Every living thing gets its strength from Tao. Good people respect the value of Tao. The wicked and foolish don’t, but Tao provides for them anyway.
Some people gain power and prestige through fancy words, others through great deeds. But Tao is available to everyone, not just the powerful. So don't look down on anybody.

Therefore, it is better to embrace this precious Tao than to be crowned as kings or to possess wealth and fine horses.

Why have the Masters always respected Tao? Because when you get right with Tao, you can always find what you need to get by, and trouble can never find you. Thus, it is the greatest honor in the world.

63. Keep still and Act without personal desire. Manage without intentional concern. Taste without desire of the flavor.

Hold the same regard for big or small, abundant or little and reward the unkind with kindness.

Learn to appreciate everyday life. Pay attention to details. Start small and work your way up. When people give you trouble, let it slide.

Break everything down to its essentials. Get the job done before it becomes a chore. With the right preparation, difficult tasks can be completed with ease; every major project
consists of simple steps.

The Masters don't take on more than they can handle, which is why they can do just about anything.

Don't promise more than you can deliver, and don't underestimate the task: You'll only make things harder for yourself.

The Masters are always aware of the difficulties involved, which is why they never have to deal with them.

64. What is at rest is easy to hold. Trouble is easily overcome before it starts. Fragile things break easily, and small things are easy to lose.

Deal with the situation before it becomes a problem. Keep everything straight so it can't get messed up.

Every tree was once a seed. Every skyscraper started out with a shovelful of dirt. A journey of a thousand miles begins with a single step.

When you try too hard, you defeat your own purpose. Cling to stuff, and you will suffer loss.

The Masters make no effort, so they never fail. They aren't attached to things, so they never feel loss.

People often screw up
when the job’s nearly done.
Pay as much attention to the finishing touches
as you do to the initial steps,
and you won't screw up like that.

The Masters try to be free from desire.
They don't collect precious things.
They don't cling to any beliefs.
They pay attention to what
everybody else ignores.

They help the world get right with Tao,
but don't try to change a thing.

65. In ancient times,
leaders who were right with Tao
didn't teach everybody how to become enlightened.
They kept people's lives simple.

People who know too much
can't be taught anything.
Leaders who try to be clever
always screw things up.
Leaders who keep things simple
always make things right.

If you get that,
you'll understand the mysterious power of Tao.
That kind of power is so deep, so extensive,
it penetrates into every level of existence.

66. An ocean is greater than the
hundred rivers that flow into it,
and all it does is wait to
receive what they bring.

If the sage would guide the people,
he must serve with humility.
If he would lead them,
he must follow behind.
If you want to lead them, find out where they want to go. In this way when the sage rules, the people will not feel oppressed; People love leaders who make them feel safe without smothering them. They'll always support a leader like that, and because he doesn't try to compete with anybody, nobody is able to compete with him.

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The three most important qualities in life are:  
Compassion, or showing kindness and mercy to others,  
Simplicity, or knowing what a thing is worth, and  
Humbleness, or daring not to be ahead of others.

Courage stems from showing kindness and mercy to others. Generosity starts with knowing what a thing is worth. True leadership begins with daring not to be ahead of others. But these days, I see everyone trying to act courageous without any trace of compassion. They try to be generous but they have no Simplicity in their own lives. They act like leaders, but they have no sense of Humbleness.

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Everyone under heaven says that my Tao is great and beyond compare. Because it is great, it seems different. If it were not different, it would have vanished long ago.

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No good can come of this.
If you want to get ahead,
show people compassion.
When other people attack you,
defend yourself with compassion.
It's the most powerful force in the universe.

68. A good soldier is not violent.
A good warrior does not lose his temper.
A great conqueror does not challenge others.
A good leader is humble.
The best way of employing a man
is to serve under him

This is the virtue of not contending;
this is called directing the strength of others;
Such is regarded as achieving harmony with nature.
Such is the perfect Oneness of true nature.

69. There's an old military saying:

"I'd rather face an attack than have to make one.
I'd rather retreat a foot than try to advance an inch."

This is called marching without appearing to move,
Capturing the enemy without attacking,
Being armed without weapons.

When you defend yourself without any show of force,
you give your opponent nothing to fight.
Attacking an enemy
you've underestimated is a costly mistake.
When two forces oppose each other,
the winner is the one who feels the grief.

70. My words of Tao is easy to
understand and to practice.
However, the world can
neither understand nor practice them.
In my words of Tao,
there is the subtle truth.
In my deeds,
there is the Way of Tao.

People didn't get that,
which is why they didn't understand Tao.
And the less they understood Tao,
the more meaningful the Tao became.
That's why the Masters live simply,
hiding their wisdom deep within themselves.

71. Knowing ignorance is strength.
Ignoring knowledge is sickness.

If one is sick of sickness,
then one is not sick.
The sage is not sick because he is sick of that sickness.

72. When you show no fear at all,
the universe gives you something
to really be afraid of.
When people do not respect the authority,
There shall be great misfortune.

Don't try to fence people in or grind them down.
Just let them be,
and they'll always be on your side.

The Masters know themselves,
but they don't reveal themselves.
They love themselves,
but they know what their lives are worth.
They let go of all that to concentrate on this.

73. A brave and passionate man will kill or be killed.
A brave and calm man will always preserve life.

Of these two which is good and which is harmful?
What nature wishes, 
who may know what the reasons are?

Thus, the master is aware of the subtlety 
and profoundness of the Nature’s Way,

This is how Tao works:
It doesn't push itself, 
and it always succeeds.
It acts silently, 
and it always reacts.
It can't be summoned; 
it comes whenever it's ready.
It can't make rush; 
it's always on time.

Heaven's net casts wide. 
Though its meshes are large, 
nothing slips through.

**74. When people do not fear death,**
There is no use trying to 
threaten them with death.

If people value their lives, 
and those who break the law were being executed, 
Then who would dare to commit criminal act?

The life and death of all beings are 
handled by the executioner of Nature. 
Those who substitute 
the nature executioner to kill, 
Is like replacing 
the master carpenter to chop the wood. 
One who substitutes 
the master carpenter to chop the wood, 
Rarely does not hurt his hands.

**75. People starve because**
the government taxes them to death.
People rebel because the government tries to run their lives. People act like life is meaningless because the government takes everything they have. People who know how to enjoy life are wiser than people who value their lives.

76. A baby's body is soft and gentle. A corpse is hard and stiff. Plants and trees are tender and full of sap. Dead leaves are brittle and dry.

If you are rigid and unyielding, you might as well be dead. If you are soft and flexible, you are truly alive.

Soldiers trained to fight to the death will die. A tree that cannot bend with the wind will snap.

Here's a useful saying:
The harder they come, the harder they fall.

The hard and strong will fall. The humble and weak will overcome.

77. The Tao of Nature is like stretching a bow. When the stretch is too high, it needs to be pressed down. When the stretch is too low, it needs to be raised high.

The excess will be reduced. The deficient will be replenished. Tao takes energy from where it is, and sends it where it needs to be.

But most people take from those who don't have enough, because they don't know how to enjoy life.
so those who have too much already
can have more.

So who in this world is truly generous to others?
People who are in touch with Tao.

They do their work without taking credit.
They get the job done and move on.
They aren't interested in showing off.

78. Nothing is softer or more yielding than water.
Yet, given time,
it can erode even the hardest stone.

That's how the weak can defeat the strong,
and the supple can win out over the stiff.

Everybody knows it.
So why don't we apply it to our own lives?

The ancient sages used to say:
"Take on people's problems,
and you can be their leader.
Deal with the world's problems,
and you'll be a Master."

Sometimes Truthful words may seem
to be the reverse of worldly practices.

79. When making peace between disputants,
there is always some remaining sense of dispute
how can this constitute a good act?
Thus, how can this be considered as a good settlement?

Therefore, a sage cultivates himself
with introspection and self-discipline
without blaming others for faults.
Therefore, the sage keeps hold of the creditor's tally
but never calls in the debts others owe him.
Hence, a person of virtue acts as if he were the debtor.
And a person without virtue acts as if he were the creditor that demands only from others.

The Tao of Nature is impersonal which makes no exception to anyone.
It always assists those that are kind and virtuous.

80. I had a dream about a small country with very few people.

They didn't need machines to get their work done faster.
They took their lives seriously, and stayed close to home.
They may have owned boats and carriages, but they never went anywhere.
They may have owned weapons, but they kept those weapons locked up, securely hidden.

They had so few responsibilities, they never had to make a To-Do list to remember what had to be done.
They enjoyed simple foods, dressed plainly, lived comfortably, and kept their traditions alive.
And even though their neighbors were so close they could hear the dogs barking at night, they had no interest in leaving their homes, where they grew old peacefully and died.

81. The truth isn't flashy.
Flashy words aren't true.
Words of truth are not pleasing.
Pleasing words are not truthful.

Educated people aren't always smart.
Smart people don't always have an education.
Good people don't argue.
People who argue aren't good.

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People who argue aren't good.
The Masters don't hang on to things. They're always doing something for other people, so they always have more to give. They give away whatever they have, so what they have is worth more.

If you want to get right with Tao, help other people, don't hurt them. The Masters always work with people, never contend them.

साधु लोग वस्तुओं में आसक्त नहीं होते। वे हमेशा लोगों के लिए अच्छे कार्य कर रहे होते हैं। इसीलिए उनके पास और भी कुछ होता है लोगों को देने के लिए और वे देते हैं जो भी उनके पास होता है। इसीलिए तो उनके पास हमेशा कुछ ज्यादा ही होता है।

अगर तुम ताओ के सानिध्य में रहना चाहते हो तो लोगों की मदद करो उन्हें चोट मत पहुचाओ। साधु लोग हमेशा लोगों के साथ काम करते हैं। उनके साथ स्पर्धा नहीं करते।